



February 2, 2025

Dear Agape youth family

You are the light of the world (Matthew 5:14)



light-of-the-world/

Prayers

- 1. For new youth pastor
- 2. For our teachers
- 3. For All our youth kids

February verse (2 Timothy 1:7)
"For God gave us a spirit not of fear but of power and love and self-control." 2 Timothy 1:7

Worship

Apostles' creed*
Praise*
Prayer
Main verse
Sermon
Announcement
Offering song*
Offering prayer*
Closing song*
Lord's prayer/Blessing*
Small group

Altogether
Jonathan Kim
Altogether
Min Hyung Kang
David Kang
Altogether
Erin Kim
Altogether
Blessings

Altogether

1. Today's speaker: Teacher Min Hyung Kang Thank you!

*: please stand

- 2. Offering prayer: Erin Kim
- 3. Birthday of February Eagan Kim (9), David Kang (Teacher)
- 4. We have youth prayer team so if you need help for the prayer, please let me know or ask Deaconess Jiwon Choi (Julian's mom)

If you have any questions, please contact the coordinator, Min Hyung Kang morncafe@hotmail.com or Kakao Talk.





February 2, 2025

"그녀는 울면서 말했다" (by ItTakesTwo, www.pgr21.com/추천게시판)

재활병원의 물리치료사로 근무하다 보면 참 많은 사람들을 만날 수 있다. 병은 고학력자나 저학력자, 남자나 여자, 부자나 가난한 자를 가리지 않고 찾아오기 때문이다. (물론 병은 사람을 가리지 않지만 그 이후의 재활이나 병원생활에 있어서는 사람을 가리기도 한다. 이를테면 돈이 많거나 적은 것 등등..)

그래도 재활병원에서 특히나 중추신경계 손상 환자를 마주하다 보면 나보다는 훨씬 윗 세대의 어르신들을 치료하게 되는 경우가 많다. 뇌졸중이라는 것이 아무래도 60대 이상에서 빈번하게 발병하다 보니 어쩔 수 없으리라.

그런 면에서 올해 2월에 입원한 그녀는 참 특이한 환자였다. 환자정보 기록지를 보면서 아찔했던 환자였으니 말이다.

나이는 40대 초반에 두 딸을 둔, 자신의 소규모의 뷰티 샵을 운영했던 그녀는 10년 전부터 우울증을 앓고 있었다.

모 대학병원의 정신과 진료를 꾸준히 받으면서 우울증 약을 복용하고 있었고 주 1회는 심리상담도 받았다고 했다.

하지만 코로나가 터지고 자신의 뷰티 샵은 점점 운영이 어려워지고 대학병원에서의 진료를 받기도 어려워지기 시작했다.

또한 자신의 가장 큰 버팀목이던 남편(육군 상사)의 근무지 이동으로 같이 지낼 수 없는 상황이 되었고 그녀는 해선 안되는 선택을 했다. (담 주에 계속)

Blessings

Jeremiah 29:11-13

11 For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future.

12 Then you will call on me and come and pray to me, and I will listen to you.

13 You will seek me and find me when you seek me with all your heart.





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"She said while crying" (by ItTakesTwo, www.pgr21.com/Recommendation)

As a physical therapist working at a rehabilitation hospital, I get to meet a wide variety of people. This is because illness doesn't discriminate—it affects the highly educated and the less educated, men and women, the rich and the poor alike. (Of course, while illnesses themselves may not discriminate, factors like rehabilitation opportunities or hospital life can vary greatly depending on circumstances such as financial resources.)

In particular, when treating patients with central nervous system injuries at a rehabilitation hospital, I often find myself working with elderly patients, usually from generations much older than mine. This is largely because conditions like strokes frequently occur in people aged 60 and older.

In that sense, the woman who was admitted in February this year was a truly unique patient. Reading through her patient records was enough to leave me stunned.

She was in her early 40s, a mother of two daughters, and had been running her own small beauty salon. She had been battling depression for over 10 years, consistently receiving psychiatric treatment at a university hospital, taking antidepressants, and attending weekly counseling sessions.

However, when the COVID-19 pandemic struck, her beauty salon began struggling, and even attending hospital appointments became increasingly difficult. Moreover, her husband, a sergeant in the army, was reassigned to a different location, leaving her unable to rely on his support. Ultimately, she made a decision she never should have. (To be continued)





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February prayer (written by Min Hyung Kang)

Dear our God,

We came here today with hearts full of gratefulness to worship you. You are the only one that will be glorified and enjoyed by us. We are pleased because You make us your people.

However, we are sinners so that we are not able to stand before you. Here we are confessing our sins relying on the blood of Jesus Christ who died on the cross. You died for our sins and saved us from death. Please forgive us and then let us worship you today with all our heart, soul and mind.

Here, at this time, please be with us and accept our worship.

Let us praise and worship, and offer ourselves to you.

We are asking for Your guidance and protection over our lives.

Lord, we pray that You would strengthen our faith, helping us to stand firm in our belief in a world that is often filled with confusion and distractions. Please fill us with a deep love for You, and may we grow in wisdom, knowledge, and understanding of Your Word.

Please help us love each other in our youth group, furthermore, let us do for our family, friends, our neighbor/community regardless if they believe You or not. With your love, we are sure that we can do it.

As you call us as a light of the world, please help us to be the light in our schools, homes, and places of work, showing others the love of Jesus Christ.

Holy spirit, please guide us in our choices, especially when we face challenges, peer pressure, and difficult decisions. Grant us courage to stand for what is right and the strength to resist temptation. We'd like to seek Your will above all anything else, trust that Your plans for us are the best and filled with hope.

We pray for Your peace to reign in our hearts, Your joy to fill our soul, Your grace and blessing to be with us through every single moment of our life. Let us be a testimony of Your love and faithfulness to the world.

In the name of Jesus, we pray. Amen.